

# October 2017 Newsletter



## October Fun Facts

*October Birthstone -- Opal*

*October Flower -- Calendula*

*Hawaii has a special October event called the "Aloha festival".*

## Announcements:

\*The Morgans will now be coming every Wednesday at 1:30.

\*We need activity ideas. Let us know what you would like to do or where you may like to go. Thank you!

\*There is an exercise class Monday-Friday at 9am. It is a medium paced, in your chair, 15 minute class. Please join us. If you need a reminder or a ride let us know.

## Bingo Winner:

*Nancy Banks*

## September Birthdays:

### *Residents:*

*Margaret Brett 10/3*

### *Staff:*

*William Floyd 10/23*

*Chelsey Arender 10/25*

*Melissa Redding 10/30*